

The three stories depicted here are from the Upanishads. The Upanishads are also called Vedanta or "the end of the Veda" because they form the last branch of Vedic literature and because one finds in them the final aim of the Vedas—that of self-realisation.

The word Upanishad literally means "to sit down by someone". This throws light on the system of education prevalent in ancient India. When a pupil approached a guru to seek instruction from him, the guru would decide what to teach after assessing his receptivity. Thus, in the first story, Yama tests Nachiketa before giving him further instruction.

In the Vedic period, learning was achieved by direct experience rather than by verbal instruction. Nature was the teacher, as we find in the story of Satyakama. Even when verbal instruction was imparted, it was kept to the barest minimum. Prajapati, in our third story, utters, as instruction a single syllable—"DA". Obviously, the teachers of the Vedic age did not believe in long discourses! And what the teacher said was understood and interpreted differently by each pupil in the light of his own experience.

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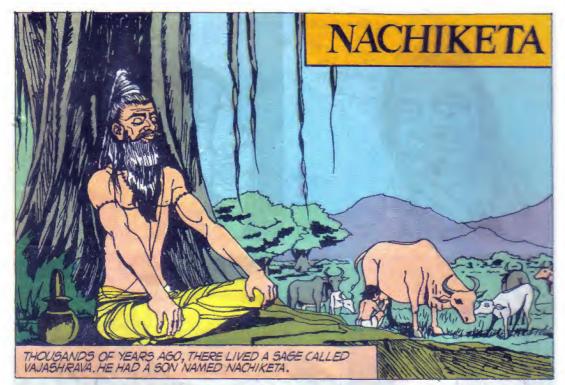
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Published by H.G. Mirchandani, for India Book House Education Trust, Rusi Mansion. 29. Nathalal Parekh Marg, Bombay-400 039 and printed by him at IBH Printers, Marol Naka, Mathuradas Vissanji Road, Andheri (East), Bombay-400 059.

Editor: Anant Pai Script: Subba Rao Artworks: P.B. Kavadi





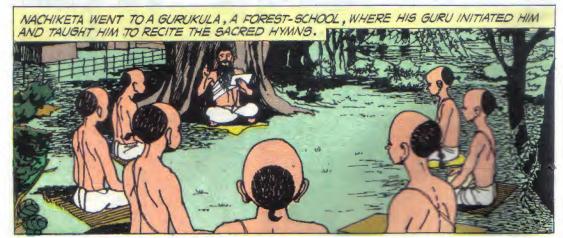


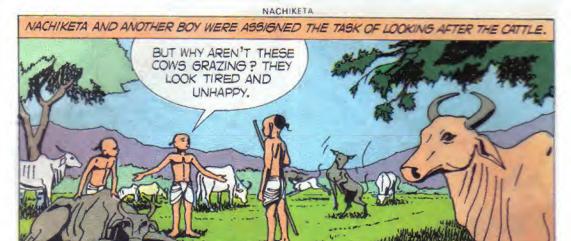
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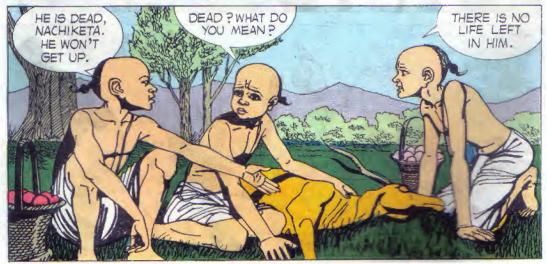






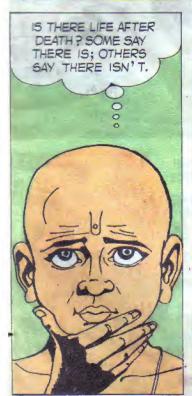












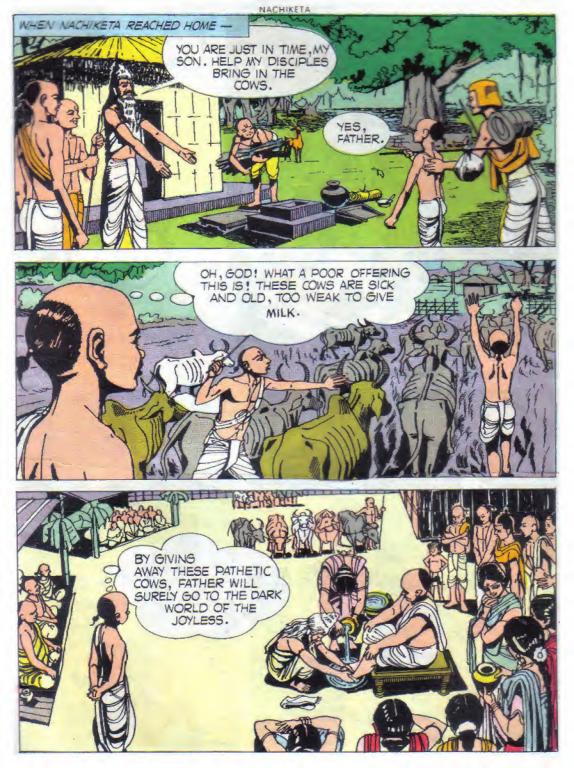


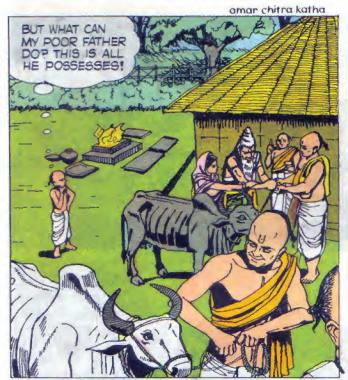




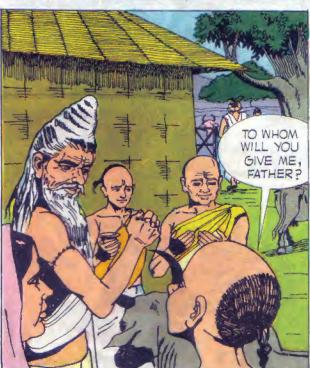






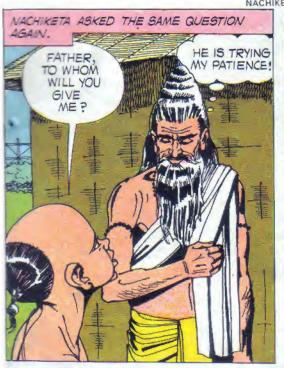








NACHIKETA







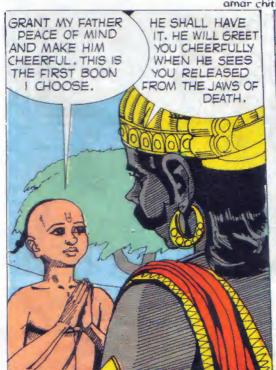






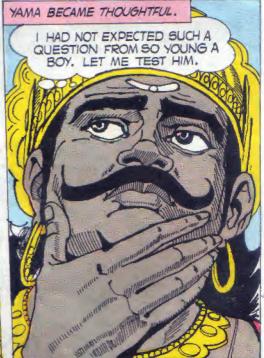


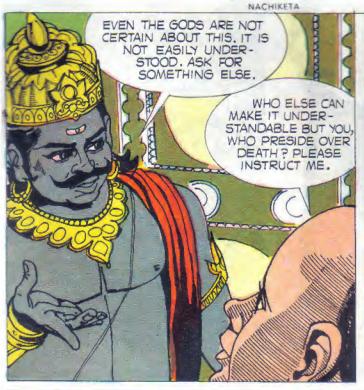










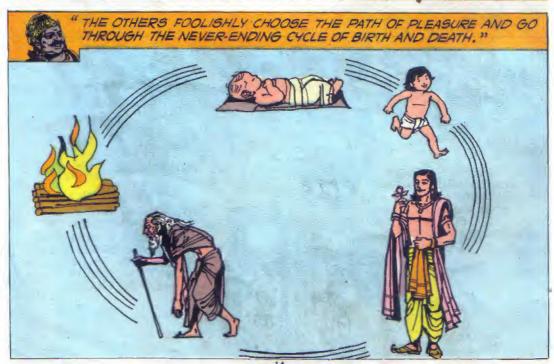




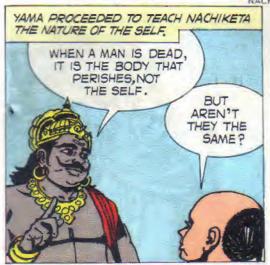






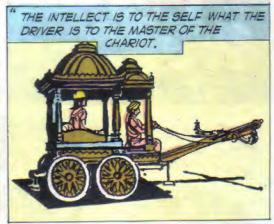


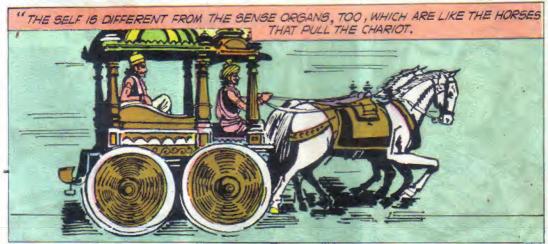
NACHIKETA





















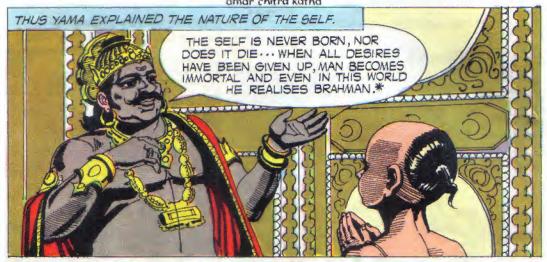


"... SO ALSO THE SENSE ORGANS ARE HELD IN CHECK BY THE MIND.





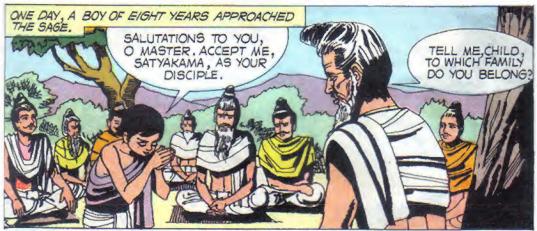


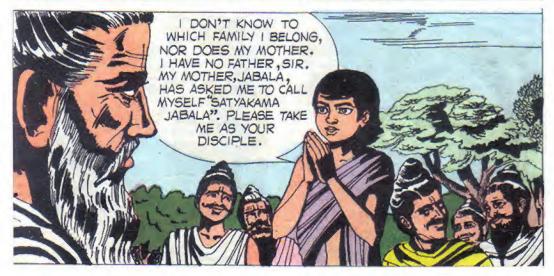














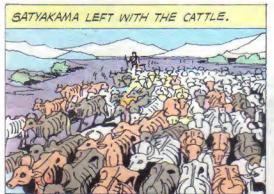
















## HE TOOK GOOD CARE OF THE CATTLE.





## UNDER HIS CARE, THE COWS IMPROVED IN HEALTH AND INCREASED IN NUMBER.



BUT AS HE WAS PREPARING TO RETURN TO HIS GURU HE FOUND THAT ONE CALF WAS MISSING, HE SEARCHED EVERYWHERE— IN THE NORTH, SOUTH, EAST AND WEST.





NACHIKETA



















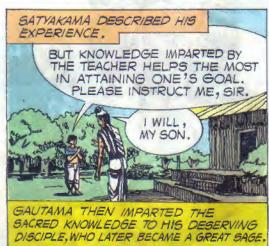
## SATYAKAMA STOOD STILL AS NEW THOUGHTS FLOODED HIS MIND,

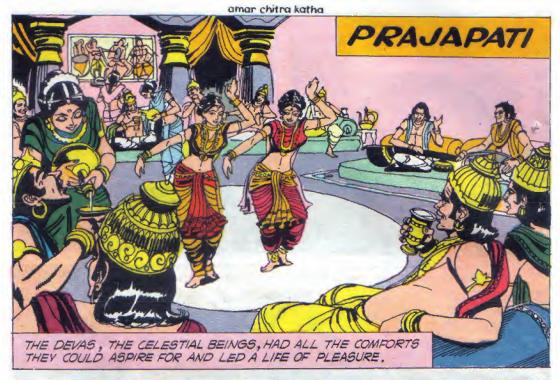












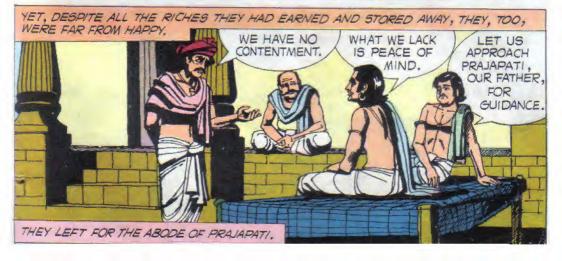


























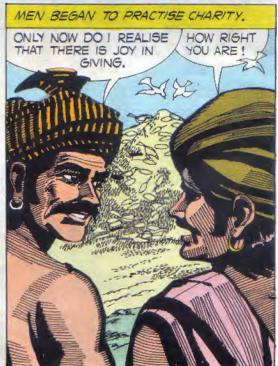




THEN THEY BEGAN TO PRACTISE SELF-CONTROL AND EXPERIENCED A SATIS-FACTION NEVER KNOWN BEFORE.











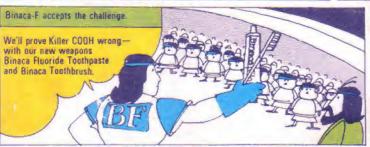


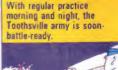


















which uttacks tooth ename! and causes parmul cavities





Brush in extra toughness.

Arrest tooth decay with Binaca Fluoride.

It was better arms and training

## BENIARE scanneD!



Preservation